

October 2025

St. Marcus Lutheran School

Dairy & Egg Free K4-8 Hot Breakfast Menu



CFI

CENTERS FOR INDEPENDENCE

****ALLERGY MENU****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE		1 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	2 SAME AS K-12 MENU Dairy Free Milk	3 -HOT BREAKFAST- Manager's Choice Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Seasonal Fruit Dairy Free Milk
6 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Mango Applesauce Cup Dairy Free Milk	7 Dairy Free Yogurt Cup Dairy & Egg Free WG Crackers 100% Fruit Juice Sour Watermelon Raisins Dairy Free Milk	8 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	9 Dairy & Egg Free WG Cereal Dairy & Egg Free WG Crackers 100% Fruit Juice Seasonal Fruit Dairy Free Milk	10 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Diced Peach Cup Dairy Free Milk
13 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Strawberry Banana Applesauce Cup Dairy Free Milk	14 Dairy & Egg Free WG Cereal Dairy & Egg Free WG Crackers 100% Fruit Juice Diced Pear Cup Dairy Free Milk	15 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	16 WG Golden Grahams Cereal Dairy & Egg Free WG Crackers 100% Fruit Juice Seasonal Fruit Dairy Free Milk	17 NO SCHOOL
20 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Mixed Berry Applesauce Cup Dairy Free Milk	21 SAME AS K-12 MENU NO YOGURT USE DAIRY FREE YOGURT Dairy Free Milk	22 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	23 Dairy & Egg Free WG Cereal Dairy & Egg Free WG Crackers 100% Fruit Juice Seasonal Fruit Dairy Free Milk	24 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Seasonal Fruit Dairy Free Milk
27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 Happy Halloween! NO SCHOOL

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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