

NOVEMBER 2025

St. Marcus Lutheran School

Dairy & Egg Free K4-8th Hot Breakfast Menu



CFI

CENTERS FOR INDEPENDENCE

****ALLERGY MENU****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Mango Applesauce Cup Dairy Free Milk	4 Dairy & Egg Free WG Cereal Dairy & Egg Free WG Crackers 100% Fruit Juice Raspberry Lemonade Craisins Dairy Free Milk	5 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	6 Dairy Free Yogurt Cup WG Chocolate Granola 100% Fruit Juice Seasonal Fruit Dairy Free Milk	7 NO SCHOOL
10 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Cinnamon Applesauce Cup Dairy Free Milk	11 Dairy & Egg Free WG Cereal WG Honey Graham Crackers 100% Fruit Juice Dried Mixed Fruit Dairy Free Milk	12 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	13 Dairy & Egg Free WG Cereal Dairy & Egg Free WG Crackers 100% Fruit Juice Seasonal Fruit Dairy Free Milk	14 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Diced Pear Cup Dairy Free Milk
17 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Strawberry Applesauce Cup Dairy Free Milk	18 Dairy Free Yogurt Cup WG Cinnamon Granola 100% Fruit Juice Blue Raspberry Raisins Dairy Free Milk	19 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	20 WG Honey Cheerios Dairy & Egg Free WG Crackers 100% Fruit Juice Seasonal Fruit Dairy Free Milk	21 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Mixed Fruit Cup Dairy Free Milk
24 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Seasonal Fruit Dairy Free Milk	25 Dairy & Egg Free WG Cereal Dairy & Egg Free WG Crackers 100% Fruit Juice Seasonal Fruit Dairy Free Milk	26 NO SCHOOL	27 Thanksgiving Day CFI Closed	28 Holiday CFI Closed
			 We'd love your feedback! Scan the QR Code for this week's survey.	MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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