

SEPTEMBER 2025

St. Marcus Lutheran School

Dairy & Egg Free K4-8th Hot Breakfast Menu

****ALLERGY MENU****



CFI
CENTERS FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Labor Day CFI Closed	2 SAME AS K-12 MENU Dairy Free Milk	3 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Dried Apple Crisps Dairy Free Milk	4 Dairy & Egg Free WG Cereal WG Honey Graham Crackers 100% Fruit Juice Fresh Banana Dairy Free Milk	5 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Mixed Fruit Cup Dairy Free Milk
8 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Cinnamon Applesauce Cup Dairy Free Milk	9 SAME AS K-12 MENU NO CHEESE Use Dairy & Egg Free WG Crackers Dairy Free Milk	10 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	11 Dairy & Egg Free WG Cereal Dairy & Egg Free WG Crackers 100% Fruit Juice Seasonal Fruit Dairy Free Milk	12 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Strawberry Apple Crisps Dairy Free Milk
15 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Mixed Berry Applesauce Cup Dairy Free Milk	16 SAME AS K-12 MENU NO YOGURT USE DAIRY FREE YOGURT Dairy Free Milk	17 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	18 SAME AS K-12 MENU NO CHEESE Use Dairy & Egg Free WG Crackers Dairy Free Milk	19 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Diced Peach Cup Dairy Free Milk
22 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Cherry Applesauce Cup Dairy Free Milk	23 Dairy & Egg Free WG Cereal Dairy & Egg Free WG Crackers 100% Fruit Juice Mixed Berry Raisins Dairy Free Milk	24 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Fresh Banana Dairy Free Milk	25 SAME AS K-12 MENU NO YOGURT USE DAIRY FREE YOGURT Dairy Free Milk	26 NO SCHOOL
29 -HOT BREAKFAST- Specialty Dairy & Egg Free Hot Breakfast** 100% Fruit Juice Strawberry Applesauce Cup Dairy Free Milk	30 SAME AS K-12 MENU Dairy Free Milk			MILK FOR SCHOOLS: Per MD Order MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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