

# October 2025

## St. Marcus Lutheran School

### Dairy & Egg Free K-8 Hot Lunch Menu



**CFI**  
CENTERS FOR INDEPENDENCE

**\*\*ALLERGY MENU\*\***

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MILK FOR SCHOOLS:</b> Per MD Order  <b>MENU SUBJECT TO CHANGE</b>	 <p><b>We'd love your feedback! Scan the QR Code for this week's survey!</b></p>	<b>1</b> <b>SAME AS K-8 MENU</b> Dairy Free Milk	<b>2</b> <b>SAME AS K-8 MENU</b> <b>NO CHEESE</b> Dairy Free Milk	<b>3</b> <b>SAME AS K-8 MENU</b> <b>NO MAYO</b> Use Dairy & Egg Free WG Crackers Dairy Free Milk
<b>6</b> Diced BBQ Chicken WG Hamburger Bun Fresh Broccoli Bites Seasonal Fruit Dairy Free Milk	<b>7</b> <a href="#">Breakfast for Lunch</a> WG Eggo Cinnamon French Toast Crackers Chicken Sausage Patty Dairy Free Yogurt Cup 100% Orange Medley Veg Juice & Baby Carrots Seasonal Fruit Dairy Free Milk	<b>8</b> <b>SAME AS K-8 MENU</b> Dairy Free Milk	<b>9</b> Oven Roasted Turkey <b>NO GRAVY</b> Oven Roasted Potatoes WG Pretzel Breadstick w/ Grape Jelly Seasonal Fruit Dairy Free Milk	<b>10</b> <b>SAME AS K-8 MENU</b> Use Dairy & Egg Free Dressing Packet Dairy Free Milk
<b>13 National School Lunch Week</b> Teriyaki Chicken WG Brown Rice Fresh Broccoli Bites WG Pretzel Breadstick Seasonal Fruit Dairy Free Milk	<b>14 National School Lunch Week</b> Beef Hamburger Patty WG Hamburger Bun Ketchup & Mustard Packet Steamed Green Beans Seasonal Fruit Dairy Free Milk	<b>15 National School Lunch Week</b> WG Chicken Nuggets (5) BBQ Sauce Packet Vegetarian Campfire Beans Seasonal Fruit Dairy Free Milk	<b>16 National School Lunch Week</b> Italian Meat Sauce Marinara Twirly Pasta Baby Carrots <b>NO RANCH</b> WG Artisan Dinner Roll Seasonal Whole Fruit Dairy Free Milk	<b>17 National School Lunch Week</b>  <b>NO SCHOOL</b>
<b>20</b> <b>SAME AS K-8 MENU</b> <b>NO CORNBREAD</b> Use Dinner Roll or Pretzel Breadstick Dairy Free Milk	<b>21</b> <a href="#">WI Harvest of the Month- Great Apple Crunch!</a> <b>SAME AS K-8 MENU</b> Use Dairy & Egg Free WG Crackers Dairy Free Milk	<b>22</b> WG Chicken Patty Sandwich WG Hamburger Bun BBQ Sauce or Ketchup Packet Baby Carrots Seasonal Fruit Dairy Free Milk	<b>23</b> <b>SAME AS K-8 MENU</b> <b>NO CHEESE or SOUR CREAM</b> <b>NO WG FLATBREAD</b> Use WG Tortilla Dairy Free Milk	<b>24</b> Italian Meat Sauce Marinara Twirly Pasta Celery Sticks WG Artisan Dinner Roll Seasonal Fruit Dairy Free Milk
<b>27</b>  <b>NO SCHOOL</b>	<b>28</b>  <b>NO SCHOOL</b>	<b>29</b>  <b>NO SCHOOL</b>	<b>30</b>  <b>NO SCHOOL</b>	<b>31</b> <a href="#">Happy Halloween!</a> <b>NO SCHOOL</b>

**MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY**

This institution is an equal opportunity provider.

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