November

organiclife smart foodservice

K-8 Dairy & Egg Free Lunch

ST MARCUS SCHOOL

Artificial Ingredients, Additives, Preservatives

High Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

**** 4-Star School Lunch Provider

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breaded Chicken Sandwich Celery Sticks Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	3 Hot Italian Combo Sandwich Rstd Broccoli & Cauliflower Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	4 Hamburger Baked Beans Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	5 Chicken Nuggets Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	6 Pasta W/Marinara Fresh Cauliflower Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk
11 All Beef Hot Dog Potato Wedges Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	10 Teriyaki Chicken Steamed Rice Fresh Picked Fruit Black Beans & Rice 1% White & FF Choc Milk	11 Beef Sloppy Joe Fresh Spinach Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	12 Chicken Tenders Baby Carrots Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	13 No School
16 Chicken Tenders Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	17 Beef Hot Dogs Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	18 Beef Tacos Black Beans Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	19 Hamburger Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	20 Pasta W/Marinara Sauce Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk
23 Beef Tacos Refried Beans Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	24 Thanksgiving Lunch Sliced Turkey Mashed Potatoes DF Stuffing Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	25 No School Thanksgiving Break	26 No School Thanksgiving Break	27 No School Thanksgiving Break
30 Beef Tacos Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk				

Served Daily Fresh Seasonal Fruits & Vegetables

Daily Milk Choices: 1% White & FF Choc Milk

Daily Condiments
Ranch Dressing
Ketchup
Mayo Packet

WG

All Juice is 100% Fruit

Menus are Subject to Change
Supply Chain Shortages May Cause Menu Changes.
Thank You for Your Understanding

This institution is an equal opportunity provider.