November

organiclife smart foodservice

K-8 Lunch Menu

ST MARCUS SCHOOL

Artificial Ingredients, Additives, Preservatives

High Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

**** 4-Star School Lunch Provider

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breaded Chicken Sandwich Celery Sticks Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**3** Hot Italian Combo Sandwich Rstd Broccoli & Cauliflower Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**4** Western BBQ Cheeseburger, Baked Beans Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**5** Chicken Nuggets & Roll Garden Salad Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**6** Meatball Sub Fresh Cauliflower Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk
11 All Beef Hot Dog Potato Wedges Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**10** Teriyaki Chicken Steamed Rice Fresh Picked Fruit Black Beans & Rice 1% White & FF Choc Milk	**11** Beef Sloppy Joe Fresh Spinach Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**12** Chicken Tenders & Roll Baby Carrots Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**13** No School
16 Creamy Chicken Alfredo Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**17** Pancakes with Sausage Tater Tots Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**18** Beef Nachos Black Beans Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**19** Cheeseburger Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**20** Pizza Crunchers Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk
23 Cheese Quesadilla Refried Beans Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**24** Thanksgiving Lunch Sliced Turkey Mashed Potatoes W/Gravy Stuffing Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk	**25** No School Thanksgiving Break	**26** No School Thanksgiving Break	**27** No School Thanksgiving Break
30 Walking Tacos Black Beans Mild Salsa Fresh Picked Fruit Seasonal Vegetables 1% White & FF Choc Milk				

Served Daily Fresh Seasonal Fruits & Vegetables

Daily Milk Choices: 1% White & FF Choc Milk

Daily Condiments
Ranch Dressing
Ketchup
Mayo Packet

WG

All Juice is 100% Fruit

Menus are Subject to Change
Supply Chain Shortages May Cause Menu Changes.
Thank You for Your Understanding

This institution is an equal opportunity provider.