

AUGUST 2025

St. Marcus Lutheran School

Maple & Bean Free K4-8th Breakfast Menu

****ALLERGY MENU****



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE	WG = Whole Grain Item ** Indicates item is 2 oz equivalents of grain			1
4	5	6	7	8
11	12	13 WG Honey Cheerios WG Vanilla Bear Grahams 100% Fruit Juice Fresh Banana Choice of Milk	14 Assorted WG Rockin'ola Granola Yogurt Cup 100% Fruit Juice Seasonal Fruit Choice of Milk	15 -HOT BREAKFAST- WG Cinnamon Filled Bagel** 100% Fruit Juice Seasonal Fruit Choice of Milk
18 -HOT BREAKFAST- WG Turkey Sausage, Egg & Cheese Breakfast Burrito** Taco Sauce 100% Fruit Juice Mango Applesauce cup Choice of Milk	19 WG Reduced Sugar Trix Cereal Colby Jack Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	20 -HOT BREAKFAST- WG Chocolate Chip French Toast** 100% Fruit Juice Fresh Banana Choice of Milk	21 Vanilla Yogurt Cup NEW! WG Chortles- Mini Graham Cracker Bites 100% Fruit Juice Seasonal Fruit Choice of Milk	22 -HOT BREAKFAST- WG English Muffin w/ Chicken Sausage & Grape Jelly** 100% Fruit Juice Dried Apple Crisps Choice of Milk
25 -HOT BREAKFAST- WG Turkey Ham & Cheese Breakfast Stuffer** 100% Fruit Juice Cherry Applesauce Cup Choice of Milk	26 WG Banana Muffin String Cheese 100% Fruit Juice Sour Watermelon Raisins Choice of Milk	27 -HOT BREAKFAST- NEW! WG Poffitz Pancake Bites** 100% Fruit Juice Fresh Banana Choice of Milk	28 WG Cinnamon Chex Cereal Hardboiled Egg 100% Fruit Juice Seasonal Fruit Choice of Milk	29 -HOT BREAKFAST- USE ALTERNATE BREAKFAST NO SYRUP USE JELLY OR HONEY 100% Fruit Juice Dried Mixed Fruit Choice of Milk

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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