

NOVEMBER 2025

St. Marcus Lutheran School

Maple & Bean Free K4-8 Hot Breakfast Menu



CFI

CENTERS FOR INDEPENDENCE

****ALLERGY MENU****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 -HOT BREAKFAST- WG Turkey Ham & Cheese Breakfast Stuffer** 100% Fruit Juice Mango Applesauce Cup Choice of Milk	4 WG Blueberry Lemon Crispy Bites Cheddar Cheese Stick 100% Fruit Juice Sour Strawberry Raisins Choice of Milk	5 -HOT BREAKFAST- WG Apple Cinnamon Poffitz Pancake Bites** 100% Fruit Juice Fresh Banana Choice of Milk	6 Strawberry Yogurt Cup WG Chocolate Granola 100% Fruit Juice Seasonal Fruit Choice of Milk	7 NO SCHOOL
10 -HOT BREAKFAST- WG Croissant w/ Fiesta Egg & Cheese** 100% Fruit Juice Cinnamon Applesauce Cup Choice of Milk	11 Tropical Yogurt Smoothie WG Honey Graham Crackers Dried Mixed Fruit Choice of Milk	12 -HOT BREAKFAST- WG Caramel Mini Cinnis** 100% Fruit Juice Fresh Banana Choice of Milk	13 WG Apple Cinnamon Muffin String Cheese 100% Fruit Juice Seasonal Fruit Choice of Milk	14 -HOT BREAKFAST- USE ALTERNATE BREAKFAST NO SYRUP- USE JELLY OR HONEY 100% Fruit Juice Diced Pear Fruit Cup Choice of Milk
17 -HOT BREAKFAST- WG French Toast Sticks** NO SYRUP- USE JELLY OR HONEY 100% Fruit Juice Strawberry Applesauce Cup Choice of Milk	18 Blueberry Yogurt Cup WG Cinnamon Granola 100% Fruit Juice Blue Raspberry Raisins Choice of Milk	19 -HOT BREAKFAST- Manager's Choice Hot Breakfast** NO SYRUP- USE JELLY OR HONEY 100% Fruit Juice Fresh Banana Choice of Milk	20 WG Honey Cheerios Colby Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	21 -HOT BREAKFAST- NEW! WG Apple Frudel** 100% Fruit Juice Mixed Fruit Cup Choice of Milk
24 -HOT BREAKFAST- Manager's Choice Hot Breakfast** NO SYRUP- USE JELLY OR HONEY 100% Fruit Juice Seasonal Fruit Choice of Milk	25 WG Blueberry Breakfast Bread** 100% Fruit Juice Seasonal Fruit Choice of Milk	26 NO SCHOOL	27 Thanksgiving Day CFI Closed	28 Holiday CFI Closed
			 We'd love your feedback! Scan the QR Code for this week's survey.	MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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