

SEPTEMBER 2025

St. Marcus Lutheran School

Maple & Bean Free K4-8th Hot Breakfast Menu

****ALLERGY MENU****



CFI
CENTERS FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 - Labor Day CFI Closed	2 WG Honey Cheerios WG Chocolate Bear Grahams 100% Fruit Juice Mango Applesauce Cup Choice of Milk	3 -HOT BREAKFAST- WG Turkey Sausage, Egg & Cheese Breakfast Burrito** Taco Sauce 100% Fruit Juice Dried Apple Crisps Choice of Milk	4 Tropical Yogurt Smoothie WG Honey Graham Crackers Fresh Banana Choice of Milk	5 -HOT BREAKFAST- WG Confetti Pancakes** NO SYRUP USE JELLY OR HONEY 100% Fruit Juice Mixed Fruit Cup Choice of Milk
8 -HOT BREAKFAST- Warm WG Strawberry Cream Cheese Filled Bagel** 100% Fruit Juice Cinnamon Applesauce Cup Choice of Milk	9 WG Reduced Sugar Golden Grahams Colby Jack Cheese Stick 100% Fruit Juice Raspberry Lemonade Craisins Choice of Milk	10 -HOT BREAKFAST- NEW! WG English Muffin w/ Egg & Cheese** 100% Fruit Juice Fresh Banana Choice of Milk	11 WG Apple Cinnamon Muffin Cheddar Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	12 -HOT BREAKFAST- NEW! WG French Toast Sticks** NO SYRUP USE JELLY OR HONEY 100% Fruit Juice Strawberry Apple Crisps Choice of Milk
15 -HOT BREAKFAST- WG Turkey Ham & Cheese Breakfast Stuffer** 100% Fruit Juice Mixed Berry Applesauce Cup Choice of Milk	16 Mango Yogurt Cup WG Strawberry Granola 100% Fruit Juice Dried Pineapple Choice of Milk	17 -HOT BREAKFAST- NEW! WG Apple Cinnamon Poffitz Pancake Bites** 100% Fruit Juice Fresh Banana Choice of Milk	18 WG Honey Bunches of Oats Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	19 -HOT BREAKFAST- NEW! WG Croissant w/ Chicken Sausage & Cheese** 100% Fruit Juice Diced Peach Cup Choice of Milk
22 -HOT BREAKFAST- WG Apple Cinnamon Texas Toast** 100% Fruit Juice Cherry Applesauce Cup Choice of Milk	23 WG Mixed Berry Animal Crackers String Cheese 100% Fruit Juice Mixed Berry Raisins Choice of Milk	24 -HOT BREAKFAST- Warm WG Caramel Mini Cinnis** 100% Fruit Juice Fresh Banana Choice of Milk	25 Strawberry Yogurt Cup WG Chocolate Granola 100% Fruit Juice Seasonal Fruit Choice of Milk	26 NO SCHOOL
29 -HOT BREAKFAST- NEW! WG Croissant w/ Fiesta Egg & Cheese** 100% Fruit Juice Strawberry Applesauce Cup Choice of Milk	30 WG Cinnamon Pop- Tarts** 100% Fruit Juice Watermelon Craisins Choice of Milk			MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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