

SEPTEMBER 2025

St. Marcus Lutheran School

Maple & Bean Free K4-4th Hot Lunch Menu

****ALLERGY**



CFI

CENTERS FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Labor Day CFI Closed	2 NEW! WG Chicken Tenders Signature Sauce Baby Carrots Seasonal Fruit Choice of Milk	3 WG Italian Cheesy Pull-Aparts Marinara Dipping Sauce Fresh Garden Salad Blend w/ Ranch Dressing Packet Seasonal Fruit Choice of Milk	4 NEW! Sweet & Sour Beef Meatballs WG Brown Rice Fresh Broccoli Bites Assorted WG Crackers Seasonal Fruit Choice of Milk	5 Build your Own Sandwich! Turkey Deli Meat WI Provolone Cheese Slice NEW! WG Croissant Mayo Packet Roasted Baby Baker Potatoes Seasonal Fruit Choice of Milk
8 WG Beef Pepperoni Calzone Celery Sticks w/ Ranch Packet Seasonal Fruit Choice of Milk	9 Teriyaki Chicken WG Brown Rice Fresh Broccoli Bites Assorted WG Crackers Seasonal Fruit Choice of Milk	10 WG Chicken Nuggets (5) BBQ or Hot Sauce Packet Sweet Corn Kernels Assorted WG Crackers Seasonal Fruit Choice of Milk	11 Beef Gordita Supreme w/ Cheese WG Flatbread Taco Sauce Packet Shredded Lettuce and Sour Cream NO BEANS- USE ALT VEG Seasonal Fruit Choice of Milk	12 Kickin' Chicken Alfredo Twirly Pasta Baby Carrots WG Artisan Dinner Roll Seasonal Fruit Choice of Milk
15 WG Chicken Corn Dog Ketchup Packet NO BEANS- USE ALT VEG Seasonal Fruit Choice of Milk	16 WI Harvest of the Month- Broccoli Beef Meatball Sub w/ Marinara & Mozzarella Cheese NEW! WG Sub Bun Fresh Broccoli Bites Seasonal Fruit Choice of Milk	17 NEW! Chicken Tikka Masala WG Brown Rice WG Flatbread Slice Baby Carrots Seasonal Fruit Choice of Milk	18 National Cheeseburger Day! Beef Hamburger Patty w/ Cheddar Cheese Slice WG Hamburger Bun Ketchup & Mustard Packet Oven Roasted Potatoes Seasonal Fruit Choice of Milk	19 DOMINOS PIZZA DAY- Dominos Cheese Pizza Slice Sliced Cucumbers WG Cheddar Mickey Goldfish Seasonal Whole Fruit Choice of Milk
22 WG Popcorn Chicken (10) BBQ or Hot Sauce Packet Fresh Garden Salad Blend w/ Italian Dressing Packet NEW! WG Chocolate Belly Bears Crackers Seasonal Fruit Choice of Milk	23 Chicken Burrito Bowl! Chicken Fajita Strips w/ Cheese WG Brown Rice NO BEANS- USE ALT VEG Shredded Lettuce & Sour Cream Taco Sauce Packet WG Churro Crackers Seasonal Fruit Choice of Milk	24 WG Cheese Pizza Sticks Marinara Dipping Sauce Fresh Broccoli Bites Seasonal Fruit Choice of Milk	25 NO CHILI (NO BEANS) WG Chicken Nuggets Sweet Corn Kernels WG Cornbread w/ Honey Packet Seasonal Fruit Choice of Milk	26 NEW! WG Breaded Chicken Drumstick BBQ or Hot Sauce Packet Fresh or Steamed Carrots WG Buttermilk Biscuit w/ Grape Jelly Seasonal Fruit Choice of Milk
29 WG Chicken and Green Chile Quesadilla Taco Sauce Packet NO BEANS- USE ALT VEG Seasonal Fruit Choice of Milk	30 BBQ Beef Meatballs (3) Macaroni & Cheese Fresh Broccoli Bites WG Pretzel Breadstick Seasonal Fruit Choice of Milk			MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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