

# AUGUST 2025

St. Marcus Lutheran School

Maple & Bean Free K4-4th Hot Lunch Menu

**\*\*ALLERGY MENU\*\***



**CFI**

CENTERS FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MILK FOR SCHOOLS:</b> SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE  <b>MENU SUBJECT TO CHANGE</b>				<b>1</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>11</b>	<b>12</b>	<b>13</b> Sweet and Sour Chicken WG Brown Rice Fresh Broccoli Bites Seasonal Fruit Choice of Milk	<b>14</b> Turkey Deli Meat & Cheese Sandwich WG Bun Mayo & Mustard Packet Oven Roasted Potatoes Seasonal Fruit Choice of Milk	<b>15</b> Creamy Chicken Alfredo Twirly Pasta WG Artisan Dinner Roll Baby Carrots Seasonal Fruit Choice of Milk
<b>18</b> WG Chicken Pizza Quesadilla Taco Sauce Packet Sweet Corn Kernels Seasonal Fruit Choice of Milk	<b>19</b> BBQ Beef Meatballs WG Brown Rice Sliced Cucumbers WG Pretzel Breadstick Seasonal Fruit Choice of Milk	<b>20</b> WG Chicken Patty Sandwich WG Hamburger Bun Mayo or BBQ Baby Carrots Seasonal Fruit Choice of Milk	<b>21</b> Beef Taco w/ Shredded Cheese WG Soft Flour Tortilla Taco Sauce Packet <b>NO BEANS- USE ALT VEG</b> Assorted WG Crackers Seasonal Fruit Choice of Milk	<b>22</b> WG Cheese Pizza Sticks Marinara Dipping Sauce Romaine Lettuce Salad w/ Ranch Dressing Packet Seasonal Fruit Choice of Milk
<b>25</b> Glazed Chicken Leg WG Cornbread w/ Honey <b>NO BEANS- USE ALT VEG</b> Seasonal Fruit Choice of Milk	<b>26</b> Orange Chicken WG Brown Rice Fresh Broccoli Bites WG Vanilla Sports Bites Seasonal Fruit Choice of Milk	<b>27</b> Italian Meat Sauce Marinara Twirly Pasta WG Artisan Dinner Roll Celery Sticks w/ Ranch Seasonal Fruit Choice of Milk	<b>28</b> Oven Roasted Turkey & Gravy Mashed Potatoes WG Buttermilk Biscuit w/ Grape Jelly Seasonal Fruit Choice of Milk	<b>29</b> <a href="#">Breakfast for Lunch</a> Colby Cheese Omelet WG Froot Loops Waffles <b>NO SYRUP, USE JELLY OR HONEY</b> Orange Medley Juice & Baby Carrots Seasonal Fruit Choice of Milk

**MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY**

This institution is an equal opportunity provider.

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